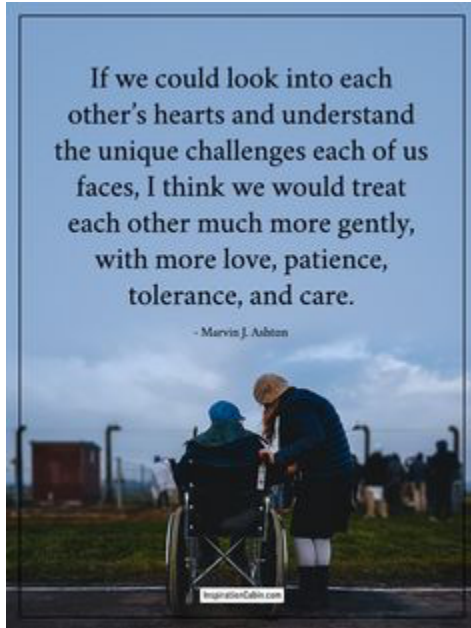


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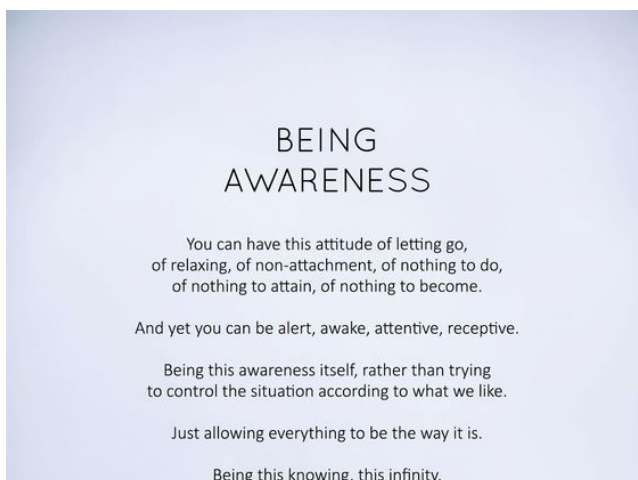
Last night was experiential in nature. We were able to connect with ourselves and one another in a deeper way, Beyond thought, beyond words, Beyond Time.

Now here is something to think about or ponder: this connection with one another and with all beings always exists. It is not something that we just created. This connection and all that flows from it is always available to us. It is always here right here right now.

I believe that is another way of expressing the truth of this book. I am here; you are here; we are here.

***"I am he as you are he as you are me
And we are all together" (I Am the Walrus)***

"We are with you beyond form, beyond time, beyond your comprehension of what may be known. We are with you in love, and beyond the word love in the true intention of it, which is to cherish and hold dear as one with God. Period. Period. Period."



There are two forms of manifestation. The one we are most familiar with comes from information sources like the book The

Secret. It is all about manifestation in the material world of something that did not exist before. eg. wealth or a perfect relationship or health or some other aspect of the physical/material world.

This kind of manifestation is a demonstration of the power of thought, the power of the thinking mind and a continuing reminder that we are creating all the time whether we are conscious of it or not.

it is suggested that since we are creating all the time, we are either creating by default or creating with consciousness. If we are creating by default then we are asleep, not aware, somewhat unconscious or oblivious. And so the world we see, the one that is filled sometimes with hatred, separation and violence is one that we have created as well. Since we are asleep during this creation, we don't realize that it is created from our limited fearful ego consciousness and as long as that limited part of ourselves is in charge, we will continue to create a world that is limited, fearful and unjust.

Now obviously the other side is also true, that we can create consciously. I can create wealth, I can create abundance, I can create health. Obviously I need to be conscious of that while I'm doing it, it takes focus, it takes discipline, and yet it is real, very real.

As the authors of The Secret pointed out, the work of manifestation in the material world is simply the beginning, the beginning of recognizing your own creative power.

The next step or the deeper reality is to become aware of manifestation on a higher level of our being, and that is manifestation of not something that we are creating, but the realization of the deeper reality of Higher Consciousness, Christ Consciousness that is already here. (The first kind of manifestation spoken of is still primarily of the ego consciousness even when it is done in awareness).

Just as we spoke of above, this Cosmic connection we have to the universe and to one another is not something we create. It is something that is already here; it just might take us some time and some effort to realize the Truth of it all.

"Finally I am coming to the conclusion that my highest ambition is to be what I already am. That I will never fulfill my obligation to surpass myself unless I first accept myself, and if I accept myself fully in the right way, I will already have surpassed myself."

- Thomas Merton

A simple example: we are not creating our connectedness, we are not creating our Divine Consciousness; it's already here. It is part of our being, we just don't realize it consciously yet or at least not as consciously as we could.

"The teaching of the Upper Room, the place of manifestation, the realm of embodiment, may be comprehended by you first in ideology only in preparation for what is to come. And what is to come, we have to say, is realization. When you realize who and what you are, and you know it, the manifestation has occurred."

The manifestation here in the higher realms comes about through our awareness, our openness to the highest truth that already exists within us.

Compassion is not a relationship between the healer and the wounded. It's a relationship between equals. Only when we know our own darkness well can we be present with the darkness of others. Compassion becomes real when we recognize our shared humanity.

—Pema Chödrön

"what it looks like, what you believe it to be, when, in fact, the realization of the Divine, the manifest Divine, IS AS YOU, just as you, but

in a new articulation, a new language or vibratory tone that co-creates, in the manifest plane, dominion through the consciousness of the Divine.”

Each moment is a new creation. Let go of your comparisons, let go of what you think you know about this present moment. Let go of bringing the past into the present, let go of creating a future just like your past.

“the manifested self that in fact you are becomes participatory to the manifest world in co-alignment, and the Divine in manifestation is what sings all about you as you know yourself and your world. But **it is you, not an idealized version of you, not the prettified version.”**